



Sherwood Forrest Residents Association

A quarterly newsletter issued by the Sherwood Forrest Residents Association

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SFRA is Loving Green

by Cara Cross, SFRA President

With Spring in the air, I am excited to kick off our 2024 SFRA theme of Loving Green!

Our Sherwood Forrest neighbourhood is known for our beautiful mature trees and wildlife.

We are incredibly fortunate to be able to live in harmony with so many natural flora and fauna thriving within our city limits. Passing this privilege and appreciation on to the next generation is a vital part of living in a growing community. We take that responsibility seriously and so this year, we are looking at trying to include more environmentally conscientious activities into our SFRA initiatives.

The first initiative we are implementing is a bit of a change in the delivery of this quarterly newsletter. Printing costs have escalated, and paper distribution is not tree friendly. At the same time, we want to ensure we serve the needs of our community. Our solution for this year is to move to delivering two of our issues in the traditional print format and two of the issues electronically. You can look forward to receiving the summer newsletter in your email inbox. The fall edition will be paper delivered to your door, and winter will be in the electronic email format.

If you are not already subscribed to the SFRA email list, please ensure you send your name, address and email information to sherwoodforrestra@gmail.com.

You will also notice an increased focus on Loving Green at our events this year. We hope to expand our Earth Day park clean-up to two event days, one in the spring and one in the fall. The first will be on Saturday, April 20 in our tradition of celebrating Earth Day. We are also expanding the Earth Day event to both of our parks, Sherwood Green and Dean Henderson.

Finally with this issue, you will note the envelope attached in which you can place your annual membership dues. This year we are proposing a small increase to \$30 per household to help us cover the increasing cost of delivering our programs. We believe the SFRA promoting community news and events, is a valuable part of maintaining a vibrant, safe and prosperous community. The \$30 fee is very low in comparison to many other communities and benefits residents in the area. We hope you will support us by delivering your envelope with you contribution to the mailbox at 2581 Robin Drive or by e-Transfer to sfratreasury@gmail.com (no password required).

Earth Day Clean-up TWO LOCATIONS!

Sherwood Green & Dean Henderson Park Saturday, April 20th 10:30 am - 12:00 Noon



Glenna Gallant

It is with the heaviest of hearts that we announce the passing of our cherished friend, neighbour and colleague Glenna Gallant. A true friend, Glenna was a dedicated member of the SFRA committee for many years and a former president of our association.

She loved living in Sherwood Forrest dearly and took great pride in her contribution to making it a safe and thriving community. Many of you will remember her warm smile at your front door welcoming you into our neighbourhood, or at any of our family events.

Glenna was very special and kind to everyone she met. She loved to sing and dance and was an important force behind our annual social evening in the park. We are mourning her loss, miss her terribly already and send heartfelt sympathy to her beloved Johanny, her sons, siblings and all their families.







'Tis the season for something sweet and savoury by Amy Khan

Thinking of downsizing? Tony is your one stop service provider!



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Chaat Papri is a traditional Pakistani/Indian appetizer that is a combination of sweet and savoury flavours with a crispy topping and is delicious!

INGREDIENTS

- 2 cans of chick peas
- 1-2 potatoes boiled, peeled and cut into small cubes
- Salt to taste
- Red chili powder to taste
- Chaat masala to taste (a spice blend available in the International section of many grocery stores and at any Pakistani/Indian grocery store)
- 1 cup yogurt sweet sauce (yogurt, pinch of salt, 4 tsp of sugar, a little bit of milk and whisk into a smooth thick sauce)
- Tamarind chutney (store bought)
- Mint/cilantro chutney (take

- some mint leaves and coriander leaves, 2-3 green chillies, pinch salt, ½ teaspoon cumin, 2 cloves of garlic and a tiny bit of water, blend all these ingredients into a sauce)
- Crispy papri crackers (buy from a local Pakistani/ Indian store or you can use some crushed Tostito chips)
- 1 small onion, diced
- 1 small tomato, diced
- Fresh cilantro, ½ bunch chopped finely
- Pomegranate seeds for topping (optional)

DIRECTIONS

- 1. Boil chick peas in salted water (¼ teaspoon) for 10-15 minutes until tender but not mushy.
- 2. Once chick peas are cooked, put them in a serving dish.
- 3. Add dry spices (salt, red chili powder, chat masala) to the chick peas.
- 4. Mix in potatoes, onion, tomato and cilantro.
- 5. Now comes the fun part, dressing up the chaat! Pour the sweet yogurt sauce, tamarind chutney and mint/cilantro chutney on top of your seasoned chick peas and potatoes. I do it in circles to make it look pretty and colourful. Now add pomegranate seeds and papri and dig in and enjoy!

Note: Only add papri when you are about to serve, as it gets soggy and you want it to have a nice crunch. You can service in small individual bowls or in one large dish.

Enjoy!

Spring Membership Drive

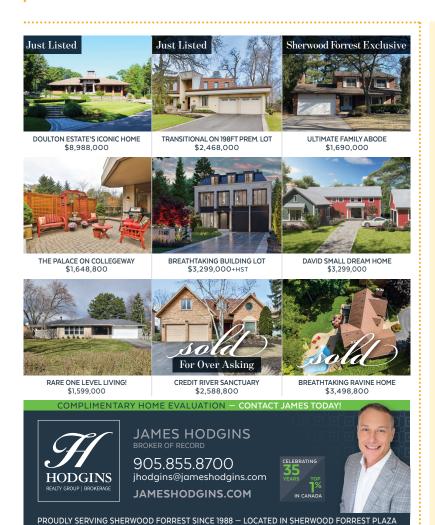
by Alouise Henderson

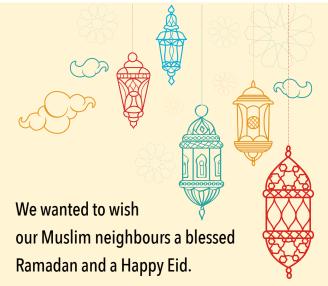
It's springtime and the beginning of our 2024 Membership Drive. For the first time in more than 20 years, we are increasing the minimum annual membership fee to \$30 from \$20, as the costs for our events and outreach initiatives have increased substantially. Thank you to the number of families who do contribute more than the requested amount.

In the self-addressed envelope attached to this newsletter, you will find a slip of paper requesting an update of your information. Since we are no longer doing a door-to-door campaign, we would like to update our records to capture all the new families that have moved into our community.

You can e-Transfer your \$30 fee to **sfratreasury@gmail.com** (no password required). We will also be collecting SFRA membership dues at Earth Day, Fun Day and you can drop them off at **2581 Robin Drive**.

Thank you in advance for paying your \$30 membership fee — it provides funding for neighbourhood activities, so please help us achieve our goal (\$7,000) and make 2024 one of the best yet!





Ramadan is considered as one of the holiest months of the year for Muslims (this year it was from March 10 to April 8). It is observed by Muslims worldwide as a month of fasting from sunrise until sunset, prayer, reflection, community and giving to charity. Ramadan is followed by a big celebration known as Eid, where people will gather with friends and family and enjoy a big feast.

Don't miss the Sherwood Forrest reen Retrofits Tour!

On **Saturday, April 20, from 2-4 pm**, Sherwood Forrest residents are invited to tour up to four homes to learn more about the following green retrofits:

- MitsAir air source heat pump (hybrid system)
 1887 Deers Wold (host Altaf Chaudhary)
- Tesla Model 3, Model Y and home charger (rides included!)
 2512 Fountains Abbey (host Darin Buckland)
- MitsAir air source heat pump (hybrid with existing furnace),
 Rheem heat pump water heater, Kia Niro EV
 1939 Lincoln Green Way (host Pierre Roy)
- Mitsubishi Zuba cold climate air source heat pump, Nissan Leaf EV
 2934 Hammond Road (host Carol Aziz)

We promise it will be an electrifying experience!

Carmel Heights Demolition Begins

While official development plans have yet to be submitted by Argo Development Corp, demolition of the Carmel Heights property began on Tuesday, March 26. Residents should expect an increase in noise and heavy truck traffic while the work is being done.





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Book a tour today, have lunch on us **905-820-8210** or **gmiksa@shannex.com**

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Like It or Not

Like It...

Spring is here! Oh wait, no it's not. Wait, it's back!

Not...

I am really getting tired of seeing all the various home improvement signs on the lamp posts and street signs around the neighbourhood. Not to mention the lawn signs as well. I hope people take them down when they have the chance. They are an eyesore!

Like it...

I had a neighbour rake my leaves while I was recovering from a sore back. I hadn't even asked for help. He also took care of my bins for a couple of weeks!

Have something to say?

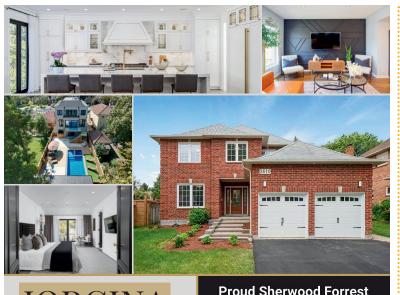
Email your Likes or Nots to SherwoodForrestRA@gmail.com



Hi, my name is Arya and I am a 10-year-old bichon-toy poodle mix. I have lived on Robin Drive my whole life. I love meeting new people and my favourite pastime is to barking through the fence. I like letting the other dogs know that I am here and ready to play... but they just keep walking down the sidewalk. But that's okay, I have a new housemate, Kilo! He just turned 2 years old, and he is a beagle-boxer mix. He's super active and loves to bring the biggest sticks (sometimes branches) home from his walks or trips to the dog park. We found out how opposite we are. If I'm not outside enjoying the sunshine, I sleep on the couch that is reserved for

only me. Whereas Kilo, he loves running and jumping around. He likes barking at newcomers and his barks tend to sound scary but he's actually a big softy. Don't worry, I'm slowly teaching him the tricks of the trade! One thing we have in common is that we both love to trick our humans into feeding us with as many treats as possible! And going for car rides so that we can stick our heads out the window to enjoy the wind through our fur! We are looking forward to meeting more fur-friends in our neighbourhood!







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UPCOMING EVENTS



Earth Day Clean-up

Sherwood Green & Dean Henderson Park Saturday, April 20th • 10:30 am – 12:00 Noon



Neighbourhood Garage Sale

Saturday, May 11th





Sherwood Green Park Saturday, June 22nd

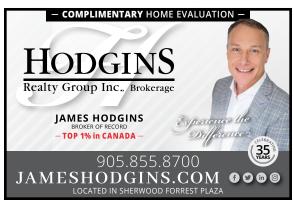
SFRA Executive Committee

Contact Name	Title & Duties	Contact Number	Email
Cara Cross	President	437.779.7676	2023sfrapresident@gmail.com
Maria Fernandes	Vice President	647.390.2334	mdfernandesa@gmail.com
Julie Caty	Treasurer	416.709.2778	sfratreasury@gmail.com
Launa Crasto	Secretary	647.274.0118	launsk@hotmail.com
Bruno Galle	City Liaison	905.855.1971	bruno.galle@rogers.com
Alouise Henderson	Membership	905.823.2099	henderson.h@rogers.com
Al & Mary Zizek	Newsletter, Website & Events	905.823.5321	al@pinchanddash.com
Noella Caspersz	Events & Sponsorship	905.822.7363	noellacaspersz@yahoo.ca
Johanny Moreno	Events	416.402.6252	jamorenov69@outlook.com

Contact the SFRA and get involved in your neighbourhood.

Help support your 10











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www.sfra.ca