

Sherwood Forrest

neighbourhood news



Sherwood Green Park
Sunday, Feb. 4th 1pm - 2:30pm
(Snow date: Feb 11th)



A quarterly newsletter issued by the Sherwood Forrest Residents Association

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Happy New Year Sherwood Forrest!

by Cara Cross, SFRA President

In this winter issue of our quarterly neighbourhood newsletter, I would like to take the opportunity to let you know about the changes to our SFRA executive committee.

Prior to our Annual General Meeting in November, Soni Sharma and Bruno Galle informed the committee that they would be stepping down from their current roles. Soni has been our dedicated treasurer for many years. During this time, Soni has advanced in her busy career and now has three young children. She has been a tremendous support to the committee and neighbourhood and has decided it's time to hand the reins over to Julie Caty who has volunteered to join us as our new treasurer. You will still see Soni and her family out at our neighbourhood events, so take a minute to join us in thanking her for her hard work over the years.

Bruno Galle took great pride in his role as SFRA President. His enthusiasm and love for the neighbourhood is inspirational. I know in taking over from him, he will be a hard act to follow. So, I am thrilled that Bruno has decided to

stay on the committee and serve in the role as city liaison. In this capacity, Bruno will be able to call on the skills and knowledge of Steve Blaney and Pierre Roy, who will be volunteer consultants. I am very appreciative of the support of this small but mighty team.

Julie and I are both looking forward to this year and continuing the efforts of the SFRA committee in making this a magnificent neighbourhood to live in.

On behalf of the SFRA team, I hope that 2024 (the Year of the Dragon) brings you and your families health, happiness, peace and prosperity.



Cara Cross
SFRA President



Julie Caty
SFRA Treasurer

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Join us on Facebook and visit the SFRA website for news about our neighbourhood.

www.sfra.ca

What's **Shakin'** in the hood?

Welcome new(ish) additions to the SFRA Executive

As you already read on the front cover of the newsletter, we have a new President of the SFRA. However, Cara Cross is not exactly new to the association, serving as a lead on many of our events throughout the year.

Cara and her husband, Nigel, moved into Sherwood Forrest in 2020, returning to the GTA after living for 15 years in Calgary. She is a retired Chartered Professional Accountant and worked in various financial management positions in the oil industry. Cara has a cat and enjoys fostering cats and kittens for Mississauga Animal Services. She also serves as Secretary/Treasurer on the Board of Directors of EveryMind mental health services for children and youth.

Julie Caty, SFRA's new Treasurer, has lived in Sherwood Forrest since 1997 with her husband (Jeffrey Roy) and two children (Pierre and Nathalie). She is a Chartered Professional Accountant. For 29 years Julie worked for Ernst & Young LLP, first in the audit practice and then in the tax practice. She retired three years ago and now enjoys spending time with family and friends, going to concerts or trips, walking, going to the gym, volunteering, baking, playing pickleball and reading. Julie looks forward to working with the SFRA executive and meeting more people in the neighbourhood!

New pub for our Open House!

While it was a sad day when The Pump closed abruptly in August, we have heard that a new neighbourhood meeting place / watering hole will be opening some time in March. According to their website (keenansirishpub.ca) "Once, two brothers from across the pond had a dream to build their version of an Irish pub with a modern day spin. Where they serve good food, have a few TVs, and of course cold beer. Where everyone is welcome to have a nice dinner with their family, catch their favourite sports game, relax on our patio on a sunny day or catch up with a few friends over a pint or two."

A Starbucks advertisement featuring a white coffee cup on a grey textured surface. The cup has a QR code on it with the Starbucks logo in the center. To the right of the cup are several pinecones. A green circular callout contains the text: "ENJOY YOUR NEXT STARBUCKS ON ME! Scan to claim your gift card". Below the cup, a black banner says "COMPLIMENTARY HOME EVALUATION" and a green banner says "CONTACT JAMES TODAY!". At the bottom left is the Hodgins Realty Group logo. At the bottom right is a photo of James Hodgins, a man in a suit, with a badge that says "CELEBRATING 35 YEARS TOP 1% IN CANADA". At the very bottom, it says "PROUDLY SERVING SHERWOOD FORREST SINCE 1988 - LOCATED IN SHERWOOD FORREST PLAZA" and "Not intended to solicit buyers or sellers currently under contract with a brokerage."

WARM-UP THIS winter!

ENJOY YOUR NEXT STARBUCKS ON ME!
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Redemption limited to Sherwood Forrest residents only, one per household. Offer valid until December 31, 2024. No cash value.

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CELEBRATING 35 YEARS TOP 1% IN CANADA

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'Tis the season for warm vegan (or not) ramen soup!

by **Cara Cross**

This keto friendly recipe is a family favourite of my niece Krista, in Calgary.

Prep: 10-15 mins

Cook: 30-40 mins

Serves 6 with lots of leftovers (the tastiest leftovers!)

Ingredients:

- 1 head broccoli, cut into small florets
 - 2 large tomatoes, cut into 1.5" pieces
 - 1 package shiitake, button or cremini mushrooms, cut into quarters
 - 1 tsp grated ginger root
 - 1/3 cup soya sauce for broth and 1 tbsp for protein
 - 1 tbsp brown miso paste
 - 1 tbsp smooth peanut butter
 - 1/2 tsp bouillon
 - 1/2 tsp cane sugar
 - 2-4 garlic cloves or garlic powder
 - 1 shallot, finely chopped
 - 1 tbsp coconut oil or olive oil
- Cooked Ramen noodles for your serving size
- Protein: fried or baked tofu, or shrimp, or seitan
- 1 lime
- Fresh cilantro for topping

Directions

1. If using a protein, prepare as desired. We often use shrimp or fried/baked tofu, or chicken-style seitan pieces (as pictured) in our recipe. Set aside.
2. Place a heavy-bottomed pot on stove at medium heat and add oil.
3. Once heated, add mushrooms and sauté for ~3 minutes with 1 tbsp soya sauce.
4. Remove mushrooms from pan and set aside.
5. Add 1 finely chopped shallot and 2-4 cloves of garlic to pot and sauté for 2 minutes or until fragrant.
6. Add grated ginger root and stir for ~1 minute.
7. Add soya sauce to the pot, brown miso paste and smooth peanut butter, along with toasted sesame oil and cane sugar. Use wooden spoon or spatula to mix together and melt down.
8. Add 8-9 cups water and bouillon. (May use 3-4 cups of vegetable broth in lieu of half the water).
9. Turn to medium heat until simmering.
10. Add protein to simmering pot and turn heat down to medium low.
11. Add juice of half a lime and save the rest to cut up for serving
12. Place cooked noodles into bowl and pour soup on top. Sprinkle cilantro, hot sauce and lime as desired.

Enjoy (and don't worry about all the slurping!)

FLORIST IN THE FORREST

Readers Choice 2023 Gold Winner, **Best Florist**



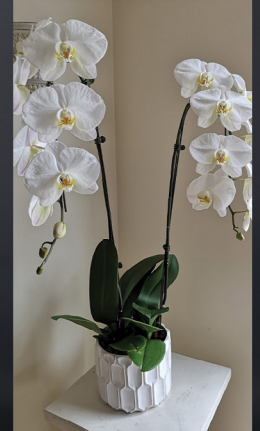
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Ash Grove application for emissions standards

by Pierre Roy

Ash Grove is a cement manufacturing plant on Lakeshore Rd W, between Winston Churchill Blvd. and Southdown Rd. This plant produces cement, the active ingredient, or the “glue” in concrete (the other ingredients are sand, gravel and water). The plant has been operational since 1956, when it was called Lawrence Cement. In recent years, the names have changed a few times to Holcim, St Mary’s Cement, and, most recently, Ash Grove.

At an open house on December 8th, representatives from Ash Grove, parent company CRH and consultants from RWDI and Hatch, were on hand to present information panels, answer questions, and collect feedback regarding an application for site-specific emissions standards. Staff from Ontario’s Ministry of The Environment, Conservation and Parks (MECP) were also in attendance.

This application is more of a formality due to a change in modelling standards rather than a request to increase emissions. CRH has stated that there are no plans to increase emissions and that they are actively working to decrease its emissions. Presentation panels showed that since 2003, they have reduced their SO₂ and NO_x emissions by 68% and 18%, respectively.

While the site-specific provision is for 10 years, Ash Grove has stated that the MECP will be monitoring and working with them to ensure that their modelled emissions align with relevant regulations when the provision expires.

In fact, Ash Grove parent company CRH has announced it intends to invest 100M in the plant over the next 10 years to reach its emissions goals and increase operational efficiencies.

Regarding other greenhouse gas emissions, CRH is targeting a 30% reduction in carbon emissions by 2030, over its 2021 baseline. Notably, coal dust was phased out as the primary fuel source for the plant’s main kiln this year, in favour of natural gas. This transition represents a reduction of 60,000 tons of CO₂ in 2023.

If you have any questions regarding the application, send them to Tina Elliott at: environment.mississauga@ashgrove.com

You can also submit comments about this application to the Ministry until January 21, 2024 at the following link: <https://ero.ontario.ca/notice/019-8010>



LOOK WHO’S SELLING HOMES
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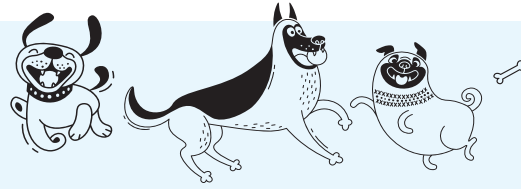


Sherwood Village Plans

During the last public meeting in November, it was revealed that Dunpar is moving forward with plans for two towers, one at Erin Mills and Lincoln Green and one at the back of the mall (near Library). There is no retail space planned at the bottom of the towers as the mall provides enough space nearby. There will be 4-5 levels of underground parking with 65% of the buildings will consist of 2- and 3-bedroom units. The plans are not approved at this time. According to City feedback, there has not been enough disclosure from the developer regarding green space and community amenities.



K9 CORNER



Meet Murphy, an almost 9-year-old Airedale Terrier born right here in Mississauga. The de Camargo family brought him home to Sherwood Forrest Circle in the summer of 2014. He has lots of energy and is playful, cheeky and highly intelligent with an irresistible personality, so people who meet Murphy on walks often think that he is still a puppy. If any snacks are left on the kitchen counter, watch out! Murphy is known to sneakily steal anything sweet that he can get his paws on. Murphy loves to people watch, and you can often see him looking out his living room window. But don't let his teddy bear looks

deceive you; thinking he's the king of the street he takes his watchdog duties very seriously, barking at any suspicious noise or stranger that comes too close to his house! After a busy day, Murphy's favourite activities include snoring away on the living room couch and groaning about the TV being too loud. Although he's quite a handful, Murphy is very loyal and a patient protector of his two siblings. He's their best playmate, even if sometimes they get slobbered on!



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Like It or Not

Like It...

I love this time of year with all of the Christmas lights on people's homes. I'm also looking forward to the holiday scavenger hunt. My kids have a lot of fun exploring the neighbourhood.

Not...

It's so sad that we're not going to have a white Christmas but my family is hoping for lots of fun sledding days on the Lincoln Green hill.

Not...

I'm really frustrated with the number of homes in the neighbourhood turning into Airbnb's and rooming houses.

Like It...

We have recently moved into our renovated home in Sherwood Forrest. (Thank you to our neighbours who put up with the renovation noise and dust!) I was very pleasantly surprised to receive a welcome gift basket for new residents. When Glenna and Cara came to deliver it, I had to let them know that we aren't actually new to the neighbourhood! Our family had lived in this lovely neighbourhood already but had moved out in 2013. We thought we'd try living in Lorne Park and in Port Credit, but then realized that we missed the great community and neighbours of Sherwood Forrest.

We noticed that one of our favourite houses had come onto the market, and that it even had the same house number as our previous house, so we decided to renovate it and move back. The shrubs and trees may be taller, but so many friendly faces remain the same. Thank you to everyone who has stopped to talk in the driveway, we are thrilled to be back!

Chris and Jim Hewitt

Have something to say?

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Previous client references available upon request!

Sherwood Forrest opens up its pantries and wallets for those in need

The final results are in from Food Banks Mississauga (formerly The Mississauga Food Bank). The SFRA Holiday Festival & Food Drive raised 610 lbs of food and \$1595.50! Thank you to... our host Cara and Nigel Cross, all of the talented bakers who donated their time, energy, ingredients and delicious recipes, and everyone who attended and donated to the event.



SFRA Executive Committee

Contact Name	Title & Duties	Contact Number	Email
Cara Cross	President	437.779.7676	2023sfrapresident@gmail.com
Maria Fernandes	Vice President	647.390.2334	mdfernandesa@gmail.com
Julie Caty	Treasurer	416.709.2778	sfratresury@gmail.com
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Bruno Galle	City Liaison	905.855.1971	bruno.galle@rogers.com
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Johanny Moreno	Events	416.402.6252	jamorenov69@outlook.com

Contact the SFRA and get involved in your neighbourhood.

UPCOMING Events

Family Skate



Sherwood Green Park
 Sunday, February 4th 1 pm - 2:30 pm
 (Snow Date: Feb 11th)

Easter Egg Hunt

Saturday, March 30th



Earth Day

Saturday, April 20th

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SFRA Sherwood Forrest Residents Association

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SFRA Holiday Scavenger Hunt
From December 17th to January 7th,
Share with us your photos of
various Christmas decorations



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