Fall 2025

# Sherwood Forrest neighbourhood news

SFRA AGM
Tues., Nov. 4 @ 7:30 p.m.
St. Peter's Anglican Erindale Parish Hall

SFRA
Sherwood Forrest Residents Association

A quarterly newsletter issued by the Sherwood Forrest Residents Association

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# Fall has arrived in Sherwood Forrest!

**by Cara Cross, SFRA President**

There is no doubt when fall arrives in Sherwood Forrest. The wonderful mature trees that we are so lucky to have in our community turn into a majestic display of fall colours and the little wild creatures we live with, start stocking up for the winter.

It was fun to see so many families out to celebrate back to school with ice cream in the park on September 12! Thanks once again to the generosity of Dr. Shelley and Brian Edwards. September also brought the start of the new Silver Striders senior's walking program in Sherwood Forrest. See inside this issue to meet Seema, the founder of the program and find out more information.

Our community is rich in annual traditions, and this fall season is no exception. Come out and join us on Wednesday, October 22 at 7:30 pm for the annual **Sherwood Forrest Pub Night at Keenan's Irish Pub** in Sherwood Forrest Village off Dundas, conveniently located in our neighbourhood. Meet and greet your neighbours and enjoy some classic pub appetizers on the SFRA.

Later that week, bring the kids out to choose their free pumpkin at our **Pumpkin in the Park Giveaway**! On Saturday, October 25 from 1:30 to 3:00 pm, SFRA will be giving away free pumpkins in Sherwood Green Park. Pumpkin supplies are limited so arrive early for the best selection. Take your pumpkin home, carve it into a jack-o-lantern and send us a picture! Enter our carving contest by sending in your picture by October 31 to sherwoodforrestra@gmail.com for your chance win one of three Tim Hortons gift cards.

November is the time for our **SFRA Annual General Meeting** and election of the executive committee. This year's meeting will be held via Zoom and in person on Tuesday, November 4 at 7:30 pm at St. Peter's Anglican Erindale, 3041 Mississauga Rd. Members will have an opportunity to hear the annual report and meet their community representatives.

Finally in December, we will be holding our festive **Holiday Food Drive** in support of Food Banks Mississauga. Our donations to this vital relief organization make a difference in so many lives. We feel fortunate to be part of such a caring and generous community.

If you have any questions or concerns for the SFRA, please feel free to contact me at 2023sfrapresident@gmail.com. Looking forward to seeing you at our lively SFRA events!

Pub Night at
KEENAN'S
IRISH PUB
Wed, Oct. 22 @ 7:30 pm

# What's Shakin' in the HOOD

## Abacot Hill Update

The project is currently in the earthworks stage of redevelopment. This phase involves the installation of erosion and sediment control measures, stripping and removing topsoil, excavating and grading the site in preparation for servicing, and hauling excess material off-site.

Residents are advised that during this period, there may be increased noise, dust and traffic. The primary access for construction vehicles will be the entrance on Sherwood Forrest Circle, with the Dundas entrance being used infrequently as needed. The hauling of material off-site will primarily follow the routes along Deers Wold and King Forrest Drive.

Weather permitting, it is anticipated that this stage of work will take approximately six to seven weeks to complete. Argo appreciates your understanding and patience during this time.

Also, after listening to feedback from interested buyers and neighbours, Hallett Homes has updated the site plan. The development will now include 41 homes instead of 56. The number of 57-foot lots will remain the same, there will be fewer 33-foot lots, and the introduction of new 49.5-foot lots. Hallett Homes also plans to build 3–4 model homes, which will allow people to explore different layouts, etc. As with any project, details may evolve as it moves forward.

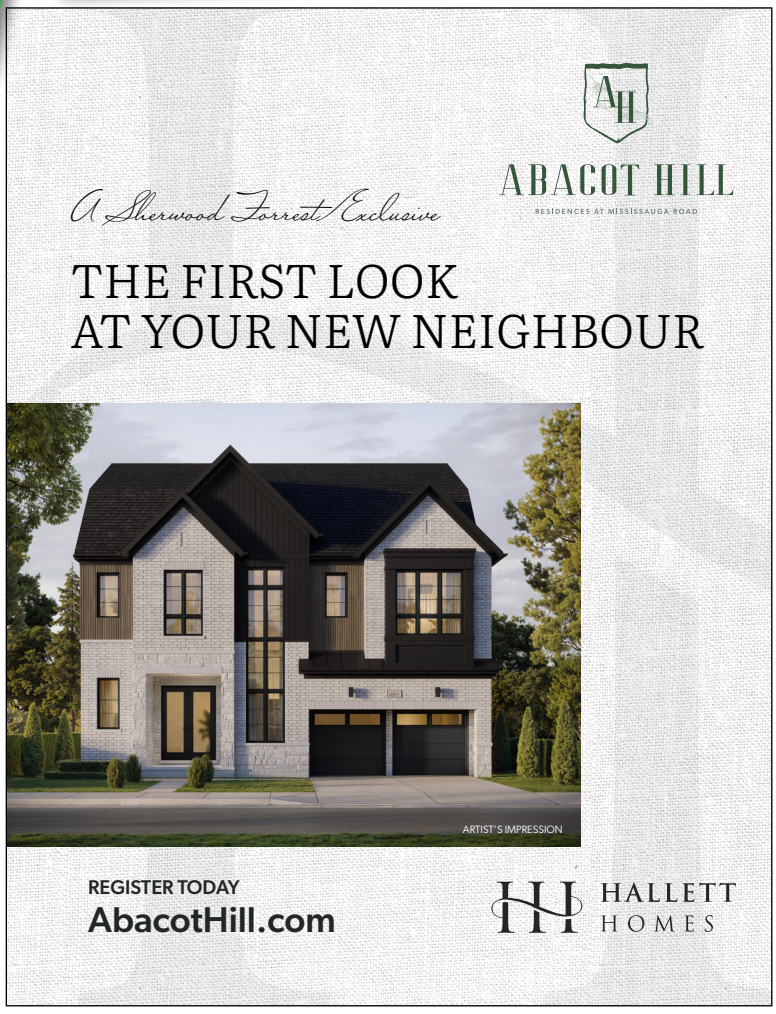


## Sherwood Forrest was screaming!

Residents of all ages enjoyed free ice cream in the park courtesy of Dr. Shelley and Brian Edwards, which helped make the beginning of the new school year a little sweeter!

## Reconstruction Project at Sherwood Green Park

The reconstruction of the Sherwood Green Park Basketball Court and the installation of a new shade structure will commence once the contractor agreement is finalized. The anticipated construction schedule should begin this fall with a completion date of June 2026. We will keep you updated as the project progresses and provide more details as we receive them.

# 'Tis the season for a taste of the Maritimes

**by Brian Edwards**

## Maritime Haystack Cookies

These easy, no bake oatmeal-based cookies are perfect for the fall with a hot mug of your favourite brew.

**Ingredients:**

2 ½ cups oatmeal
½ cups white sugar
1 cup shredded coconut
½ cup cocoa
½ cup milk
½ cup margarine or butter or mixture of both, softened
1 tsp vanilla

**Directions:**

1. Mix white sugar, margarine/butter, milk and vanilla
2. Bring mixture to a boil for 2 minutes
3. Blend oatmeal, coconut and cocoa
4. Pour hot mixture over the dry ingredients and stir well
5. Drop small scoops of the dough onto wax or parchment paper
6. Let stand to harden or refrigerate

**Put away your diet and enjoy the best of the Maritimes!**




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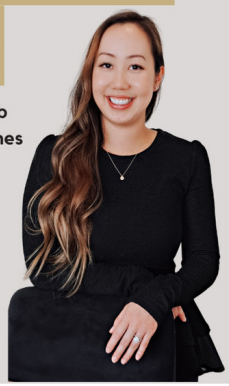
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# Lest We Forget

Every November 11th we honour those who defend peace around the world, and we remember those who made the ultimate sacrifice so that we can enjoy the freedoms we have today.






For one of our residents, Teresa Pamatat, Remembrance Day is especially poignant. Teresa's dad, Thadeus "Ted" Rosicki, who died in 1981, was a private with the Argyll & Sutherland Highlanders from Hamilton that marched across Europe after D-Day.

Like all Canadian soldiers in WWII, Ted was required to carry a "Canadian Soldier's Handbook." However, he lost it after the war ended in May 1945. It was discovered 78 years later in the attic of a house in the town of Nijverdal in the Netherlands. Andre Gorter, the man who found the booklet, managed to track down Teresa's family through a Facebook group and delivered it to them in July 2023.

Teresa and her son, Austin, went to Nijverdal in May of this year to partake in the 80th Liberation ceremonies with Andre as their host and tour guide. The tiny village was brimming with Canadian flags everywhere, with photos of soldiers displayed on lamp posts and a large cemetery where many soldiers, including from the Argyll & Sutherland regiment, are laid to rest.

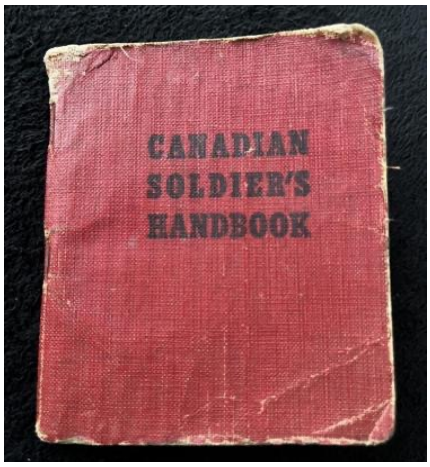
For Teresa, it was a profoundly proud journey as a Canadian and a very emotional one as the daughter of a WWII vet.



Private Thadeus “Ted” Rosicki, who died in 1981. Teresa says the most recalled story about her dad during the war was him writing to his parents on stationery he took from the Reich Chancellery in Berlin in July 1945. “I’m writing this letter to you on some of Hitler’s paper. That’s something I never thought I’d ever do.”



Teresa, holding the “Handbook” in Nijverdal in May 2025, with Andre on her left and Wim Poppenk, the highest-ranking Canadian Legion European official, on her right.




Cover of T.C. Rosicki’s Second World War Handbook. The booklet has short chapters about “What Are We Fighting For” and “Facts About the Enemy,” as well as instructions about what to do if “you have the misfortune to be taken prisoner.” It says to give only “your name, rank and number” and that it is “essential to discuss nothing which may be of value to the enemy.”

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# Like It or Not

## Like It...

We're new to the neighbourhood so I didn't know about the ice cream in the park, but it was such a nice surprise for our whole family when we were walking by. So glad we moved here!

## Not...

It's very frustrating as a homeowner with a drain in front of our house to see others not clean the drains in front of their houses. The rain backs up and impacts all of us in the neighbourhood. Odors start. Animals can be sick. Water backs up down the street and increases the risk of flooding. On many of my daily walks, I use a stick to clean them up. It would be much easier if people just cleaned any drains in front of their homes.

## Not...

People dumping discarded items around the trash cans in the parks.

**Have something to say? Email your Likes or Nots to SherwoodForrestRA@gmail.com**



## K9 CORNER

Hi there! My name is Buster and I am a very friendly pooch. I am a nine-year-old golden doodle, although it is hard to tell because I look a little like a funny party poodle. I am black and white and have a poodle nose and poodle coat and poodle stubbornness but I'm a gentle giant. My very favourite thing in the whole world is when someone stops to pet me. I'm new to the neighbourhood and I love the park and all the beautiful trees. I'm a little lazy but it's worth the walk to the park to watch the basketball players who stop to give me lots of extra pets. I live with two cats, but I don't really mind them too much except when they hiss at me for trying to sniff them. Honestly, I don't understand those creatures!




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# Sherwood Forrest is striding!



Meet Seema! She is the founder and guide of Silver Striders, a free community walking program. Seema earned her Honours Bachelor of Science degree with a double major in Biology for Health Sciences and Chemistry at University of Toronto Mississauga and this fall started her Master of Health Sciences in Medical Physiology. She moved into Sherwood Forrest with her family four years ago and fell in love with our community. She has a wealth of experience and a passion for her profession in working with seniors and she loves to walk. It seemed a natural idea for Seema to combine her talents and enthusiasm, so she developed the Silver Striders program.

Having experiences at a long-term care home, a physiotherapy outreach program and at Trillium Health Partner's Falls Prevention Program, Seema understands the importance of health and safety and maintaining energy in daily life. She developed this program to be tailored to the individual participant's needs and fitness level. One on one walking sessions ensures seniors are able to enjoy the sunshine, fresh air and beautiful surrounding of Sherwood Forrest with confidence and a friendly coach. **If you are interested in trying out this free program for neighbourhood seniors, contact Seema Mahmalji at 647-500-2144 or seema.mahmalji@mail.utoronto.ca to set up your personalized session.**


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## SFRA Executive Committee

| Contact Name | Title & Duties | Number | Email |
|---|---|---|---|
| Cara Cross | President | 437.779.7676 | 2023sfrapresident@gmail.com |
| Maria Fernandes | Vice President | 647.390.2334 | mdfernandesa@gmail.com |
| Julie Caty | Treasurer | 416.709.2778 | sfratreasury@gmail.com |
| Launa Crasto | Secretary | 647.274.0118 | launsk@hotmail.com |
| Bruno Galle | City Liaison & Events | 905.855.1971 | bruno.galle@rogers.com |
| Alouise Henderson | Membership | 905.823.2099 | henderson.h@rogers.com |
| Al & Mary Zizek | Newsletter, Website & Events | 905.823.5321 | al@pinchanddash.com |
| Johanny Moreno | Events & Signage | 416.402.6252 | jamorenov69@outlook.com |
| Soni Sharma | Facebook & Events | 647.330.7664 | soni_sharma@outlook.com |

Contact the SFRA and get involved in your neighbourhood.

## UPCOMING EVENTS

**Pub Night at**
**KEENAN'S IRISH PUB**
**Wed, Oct. 22 @ 7:30 pm**

**Pumpkin Giveaway**
**Saturday, Oct. 25**
**Sherwood Green Park**
**1:30 – 3:00 pm**



**SFRA AGM**
**Tuesday, November 4**
**@ 7:30 p.m.**
**St. Peter's Anglican Erindale Parish Hall**
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