Summer 2026

Sherwood Forrest

neighbourhood news

SFRA

Sherwood Forrest Residents Association

A quarterly newsletter issued by the Sherwood Forrest Residents Association

What's Inside

What's Shakin' in the Hood	2
'Tis the Season	3
Long Live Our Major Oak	4
Like It or Not	5
Sherwood Forrest is Having FUN	6
Upcoming Events	7
Kitty Corner	7
SFRA Committee	7
Local Business Directory	8

Newsletter design compliments of
Pinch&Dash inc.
Seasoned Marketing Services
pinchanddash.com

Happy Summer Sherwood Forrest!

by Cara Cross, SFRA President

We are now halfway through 2026 and what a terrific year we are having in Sherwood Forrest so far!

Starting off in January with a snowy Family Skate Day, followed by a fun new event at Golf On focusing on adults and teens/tweens. Easter and our Easter Egg Hunt in Dean Henderson Park came early this year, which was thoroughly enjoyed before a spring rainstorm set in. We had much nicer weather for our Earth Day event, which we celebrated in Sherwood Green Park with some old favourites and some new activities this year. Cleaning up our community and collecting old electronics for the Boy Scouts was welcome while a new scavenger hunt and build-a-bird-feeder activity were fun-tastic additions.

In May, SFRA hosted our first Seniors Spring Tea at the Seniors Hub at the Sherwood Village. Residents enjoyed a light tea lunch while engaging in a lively discussion with our Ward 8 councillor and deputy Mayor, Matt Mahoney. Big thank yous to Seamless Rightsizing, Darren Flower, Clearly Canadian and Parkland for helping us create this sold-out event. And the final event of the first half of this year was our signature Fun Day and community parade. With perfect weather, outstanding volunteers and generous sponsors, we had a banner year! Thank you Hallett Homes, Gary Betts, James Hodgins, Steven Klapuschak, Clearly Canadian, Fasken and Sandy Sun for all your support!

We continue the year with another **new free event... DuffleBag Theatre presents Robin Hood in Sherwood Green Park on July 15th at 6:30 pm, performance starts at 7 pm**. Plus, on **August 13th and August 20th we will be hosting two free Movie Nights in the Park at sunset**. And to end summer on a sweet note, **Brian and Shelley Edwards are sponsoring Ice Cream in the Park on Friday, Sept 18th from 5:30-7:30 pm**.

However, our 2026 Membership Drive has not kept pace with all the events and activities we are hosting throughout the year. In fact, **SFRA Membership fee renewals are at the lowest level we have seen**. Please consider contributing your $30 membership fee and/or volunteering to help within our neighbourhood.

Sherwood Forrest is one of the few communities that have active volunteers who are dedicated to keeping our community programs running strong and vibrant. Your low annual membership fee of $30 is vital to our work.

You can e-transfer your $30 membership fee to SFRAtreasury@gmail.com. If you would like to volunteer, please contact one of our committee members or email sherwoodforrestra@gmail.com.

Have a safe, sunny and super summer!





Showtime at dusk





What's Shakin' in the HOOD



Become an Active Member and Help Your Neighbourhood!

The SFRA provides a collective voice for nearly 700 Sherwood Forrest homes to city council so that concerns regarding our environment, our investment as homeowners and our overall safety are heard. It's a key reason the neighbourhood has safe streets signs, a new shade structure for Sherwood Green and a 41-home development instead of a 6-storey multiplex with 300+ units.

We are also running more events than ever this year but we need your help to keep up with all of our activities and events. **Only 20% of residents have paid their membership fee for 2026. To be considered an 'Active Member' of the SFRA, an annual membership fee of $30 is required.** Active Members of the SFRA:

- Have voting rights at the Annual General Meeting (AGM)
- May run for elected positions within the SFRA
- Have the ability to invoke the Complaint Resolution Process

To become an Active Member, residents are asked to pay their annual $30 membership fee by Interac e-Transfer to SFRAtreasury@gmail.com.

Deacon's Cupboard Coat Drive



Deacon's Cupboard, a foodbank operated out of St. Peter's Anglican Church, will be hosting a coat drive this fall. So if anyone in your family will be updating their wardrobe later this year or has outgrown their winter wear, please hold on to them until further details about drop-off dates are provided. Donations of clean and gently used jackets, snowpants, snow boots, hats and mitts in adult and children's sizes will be greatly appreciated.

Get Social with SFRA

The SFRA is looking for someone who knows their way around Instagram, Facebook, TikTok and other social media to help connect with members and residents in different ways. If you or someone you know would be a good fit, **please contact one of our committee members or email sherwoodforrestra@gmail.com**.

ELEVATE YOUR HOME
WITH MY FULL SERVICE SELLING EXPERIENCE!

Consultation - steps on how to get your home ready

Staging - get your home looking its best

Professional Photography & Videography & Virtual Tours & Floorplans - Highlight your home's full potential

Home Inspection - catch any issues before listing

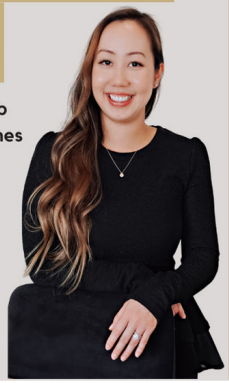
Social Media and Print Advertising - get the most eyeballs on your home



JORGINA LEE

Chairman's Club
Top 1.74% of Homes
Sold in TRREB

JORGINA LEE REAL ESTATE



Proud Sherwood Forrest Resident

Thinking of Selling in Today's Market? Let's Connect!

mail@jorginalee.com
jorginalee.com
416-562-1577
@jorgina.lee

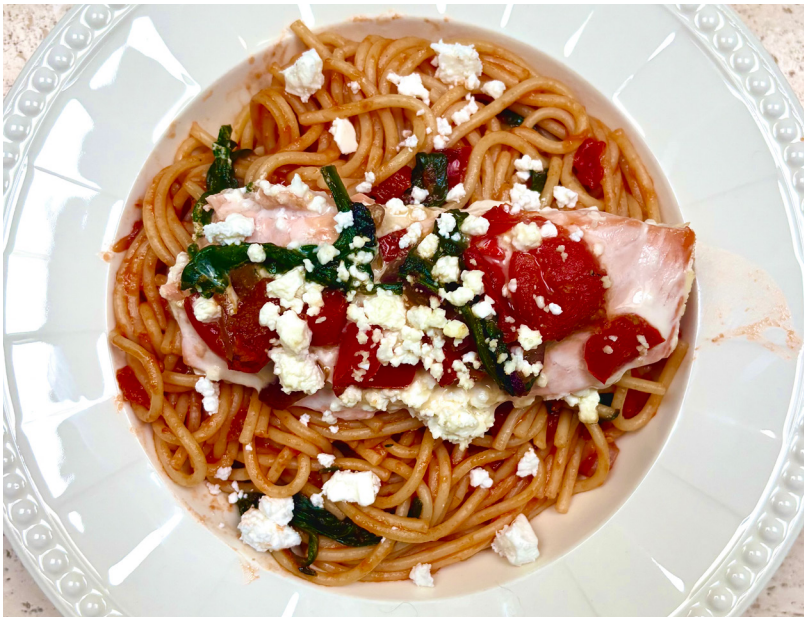
'Tis the season for for Something Light and Lively

by Cara Cross

Fresh Salmon and Tomato Pasta

Ingredients:

2 tbsp olive oil
1 tbsp butter
Salt and pepper, to taste
1 cup red onion, diced
1 cup red pepper, diced
12 cherry tomatoes, sliced in half
1 ½ cups fresh spinach
½ tsp minced garlic
½ tsp thyme
1 can of diced tomatoes
Crumbled feta cheese
1 package of pasta (spaghetti, linguine, etc.)
4 salmon filets, skinless



Directions:

1. Preheat oven to 350 degrees
2. Place salmon in a baking dish, slicing a slit in the middle of each piece
3. Sauté olive oil, red onion, red pepper, cherry tomatoes, garlic, thyme, salt and pepper in a frying pan for 2 minutes, add spinach and a tablespoon of water if needed, and sauté for 2 more minutes, then set aside from heat
4. Spoon one teaspoon of sautéed vegetable mixture into the slit of each piece of salmon, top with one teaspoon of crumbled feta cheese
5. Place salmon in preheated oven and cook for 20 minutes
6. Cook pasta according to label directions
7. Add the can of diced tomatoes to the remaining sauté mixture and reheat
8. Drain pasta, stir in butter until melted, then add the vegetable mixture
9. Place a serving of pasta into a dish with a portion of cooked salmon on top
10. Sprinkle with crumbled feta cheese, salt and pepper to taste

Enjoy and be transported to somewhere in the Mediterranean!

Thinking of downsizing?
Tony is your one stop service provider!



Tony Whitehouse

Sales Representative
Senior Relocation Specialist

Cell: 647-378-1789
twhitehouse125@gmail.com

RE/MAX ESCARPMENT REALTY INC., BROKERAGE
INDEPENDENTLY OWNED & OPERATED

When you sell with Tony you will receive the following at no extra charge:

- ✓ De-cluttering
- ✓ Supply of all packing materials
- ✓ Packing of your belongings
- ✓ Moving service to your new residence
- ✓ Un-packing and set-up in your new residence
- ✓ Complete removal and action plan for all unwanted belongings
- ✓ Preparation of your home for the Real Estate market
- ✓ Professional Financial Consultation (if desired)

Previous client references available upon request!

Long Live Sherwood Forrest's Major Oak by Al Zizek

Did you know that the Major Oak that grows in Sherwood Green, is "of the same seed" as the historic Major Oak in the original Sherwood Forest near Nottinghamshire in central England?

With a canopy spread of 28 metres (92 feet) and a trunk circumference of 11 metres (36 feet), the original Major Oak was considered the hideout of the legendary outlaw, Robin Hood. Sadly, according to the Royal Society for the Protection of Birds (RSPB), they believe this 1,200-year-old oak tree has died after it failed to produce any new leaves this spring.

Supports for some of the branches were put in place in the early 20th century and the tree was fenced off in the 1970s. The RSPB says that "with proper care, the Major Oak could remain standing for decades, even centuries."

Acorns and cuttings from the tree have been grown into saplings, which have been planted around the world, including our very own! The tree was dedicated on October 1, 1975 for the official opening of Sherwood Forrest. Let's hope our Major Oak will live on for many centuries too.









BOTTEGA
MARKET
SHERWOOD VILLAGE

$20 OFF
YOUR NEXT PURCHASE
*VALID ON FRESH FOOD & CAFÉ ITEMS ONLY

TAKE YOUR TASTEBUDS TO ITALY

WE CATER!

INFO@BOTTEGAMARKET.CA

Conveniently located inside Sherwood Village Mall
2225 Erin Mills Pkwy, Mississauga

One coupon per customer. Single-use only.
No cash value. Expires August 31, 2026.



LOOK WHO'S SELLING HOMES
in SHERWOOD FORREST!

Thank you
for allowing me to be the
#1 Sales Representative
in Sherwood Forrest for 2025*
(#1 for 26 years)

GB

RE/MAX
Re/Max Realty Specialists Inc., Brokerage

GARY BETTS
Broker

www.garybetts.com
gary@garybetts.com

#68 RE/MAX INDIVIDUAL AGENT IN CANADA (2025)
AWARDED BY RE/MAX INTERNATIONAL FOR SALES ACHIEVEMENTS
AWARDED RE/MAX LUMINARY OF DISTINCTION

905-272-3434

Like It or Not

Like It...

Our terrific neighbourhood kids volunteering to help out at community events. It's wonderful that they enjoy contributing to making Sherwood Forrest a great place to live!

Not...

I'm not a religious person by any means but it would be great for people in the neighbourhood to rest on the seventh day and NOT schedule their lawn mowing, patio construction, landscaping and/or major renovations on Sundays. Especially while Abacot Hill remains a loud construction zone Monday to Friday (and sometimes Saturday). We could all use a break from the noise, if for one day.

Not...

Why do so many walkers in our neighbourhood use the road instead of the sidewalks? This activity is an accident waiting to happen! Most of our streets are equipped with sidewalks on at least one side, yet people still walk on the road. This is especially dangerous in the dark of night when the light streetlights are blocked by our beautiful tree canopies, and the walkers are wearing dark clothing and trying to control their dogs. Let's keep everyone safe and use the sidewalks instead of competing for the road with drivers. Safety starts with all of us!

Like It...

The thoughtful residents on Maid Marian (who we've never met before) who lent us an umbrella when they saw we were caught in a downpour while walking our dog.

Have something to say?

Email your Likes or Nots to SherwoodForrestRA@gmail.com

A Sherwood Forrest Exclusive

ABACOT HILL
RESIDENCES AT MISSISSAUGA ROAD

THE FIRST LOOK AT YOUR NEW NEIGHBOUR



REGISTER TODAY
AbacotHill.com

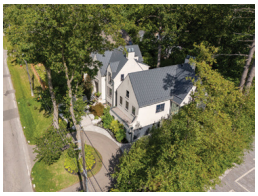
HALLETT HOMES


ERINDALE PENTHOUSE
$699900


BACKYARD RETREAT
$2380000



LAKE HOUSE MINEOLA WEST
Starting $1989900 or LEASE Starting $6500


MINEOLA WEST DREAM HOME
$4095000


ST LAWRENCE TOWNHOUSE
$1995000


DOWNSIZE IN STYLE
$1749900



BRAND NEW PENTHOUSES
Starting $1800000


400' DEEP LOT
$999,955



UTM HOME OF DISTINCTION
$3,499,900

COMPLIMENTARY HOME EVALUATION – CONTACT JAMES TODAY!

HODGINS
REALTY GROUP INC | BROKERAGE

JAMES HODGINS
BROKER OF RECORD
905.855.8700
jhodgins@jameshodgins.com
JAMESHODGINS.COM

CELEBRATING 37 YEARS TOP 1% IN CANADA



PROUDLY SERVING SHERWOOD FORREST SINCE 1988 – LOCATED IN SHERWOOD FORREST PLAZA
Not intended to solicit buyers or sellers currently under contract with a brokerage.

Sherwood Forrest is Having FUN!

Every year Fun Day seems to be getting bigger and better! We had more than 100 children and almost as many adults enjoying the parade, bagpipers, bouncy castles, face painting, curling, science experiments, bingo, ice cream, BBQ (thanks Steve and Larry) and our very own Magic Man Dick Joiner! We couldn't have done it without the SFRA committee, volunteers and sponsors: Hallett Homes, Gary Betts, James Hodgins, Steve Klapuschak, Clearly Canadian, Fasken and Sandy Sun.





KEENAN'S IRISH PUB
EAT • DRINK • RELAX • ENJOY

Come in and join us at Keenan's Irish Pub Mississauga!

Join us every week for:

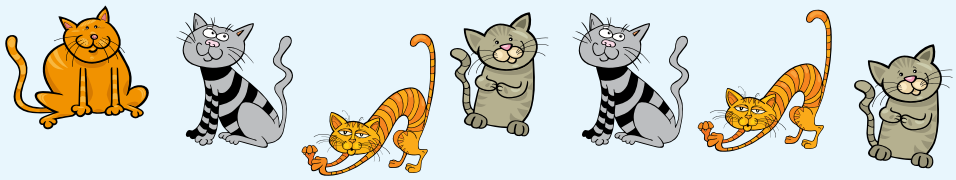
- Live music on ***Fridays***
- Karaoke on ***Saturdays*** and
- Kids eat free on ***Sundays***
- Seniors receive a ***10% discount***

KIDS EAT for FREE
SUNDAYS
Available for Lunch & Dinner
All kids 10yrs and under eat free with the purchase of an adult meal.
KEENAN'S IRISH PUB
www.keenansirishpub.ca

Mississauga
1900 Dundas St W
Unit 13B,
Mississauga, ON L5K 1P9
(905) 403-1110
keenansirishpubmississauga

www.keenansirishpub.ca

Kitty Corner



Hi, I'm Stella! I am an 8-year-old, long haired domestic tabby, but between you and me, I think I have a lot of Norwegian Forest Cat in me as well. It's a little hard to say for sure, because I was adopted from Toronto Cat Rescue in 2021. I'm happy I was rescued because I have a very timid and mild temperament and I'm a very pretty lady so the streets are no place for me. I generally just like to stay indoors and sit looking out the window where I can watch birds, chipmunks, squirrels and other wildlife. My favourite things are food and sitting on laps so I can be petted. I'm chatty, happy and beautiful, which is why my family calls me Stella Bella.



Parkland™
LIFESTYLE RESIDENCES
ON THE GLEN

Experience premium retirement living

Book a tour today, have lunch on us
905-820-8210 or **gmiksa@shannex.com**

1665 The Collegeway, Mississauga | **experienceparkland.com/ontheglen**

UPCOMING EVENTS

Theatre in the Park
Robin Hood
Sherwood Green Park
Wednesday, July 15th
DuffleBag Theatre

MOVIE NIGHT
SHERWOOD GREEN PARK

Sherwood Green Park • Showtime dusk

Toy Story 4	Elio
Wed Aug 13th	Wed Aug 20th

Back to School Ice Cream in the Park
Sponsored by Brian and Shelley Edwards
Sherwood Green Park
Friday, Sept 18th @ 5:30-7:30 pm

SFRA Executive Committee

Contact Name	Title & Duties	Contact Number	Email
Cara Cross	President	437.779.7676	2023sfrapresident@gmail.com
Maria Fernandes	Vice President	647.390.2334	mdfernandesa@gmail.com
Julie Caty	Treasurer	416.709.2778	sfratreasury@gmail.com
Launa Crasto	Secretary	647.274.0118	launsk@hotmail.com
Bruno Galle	City Liaison & Events	905.855.1971	bruno.galle@rogers.com
Alouise Henderson	Membership	905.823.2099	henderson.h@rogers.com
Al & Mary Zizek	Newsletter, Website & Events	905.823.5321	al@pinchanddash.com
Johanny Moreno	Events & Signage	416.402.6252	jamorenov69@outlook.com
Soni Sharma	Facebook & Events	647.330.7664	soni_sharma@outlook.com
Peter Morris	Events	905.562.6783	petermorris@rogers.com

Contact the SFRA and get involved in your neighbourhood.

Help support your local businesses

HODGINS
REALTY GROUP | BROKERAGE

JAMES HODGINS
BROKER OF RECORD
905.855.8700
jhodgins@jameshodgins.com



PROUDLY SERVING SHERWOOD FORREST SINCE 1988
LOCATED IN SHERWOOD FORREST PLAZA

JAMESHODGINS.COM

CELEBRATING 35 YEARS TOP 1% IN CANADA

COMPLIMENTARY HOME EVALUATION - CONTACT JAMES TODAY!

RE/MAX
Re/Max Realty Specialists Inc., Brokerage



GB
GARY BETTS
Broker
#68 RE/MAX INDIVIDUAL AGENT IN CANADA (2025)
AWARDED BY RE/MAX INTERNATIONAL FOR SALES ACHIEVEMENTS
AWARDED RE/MAX LUMINARY OF DISTINCTION
www.garybetts.com • gary@garybetts.com
905-272-3434 Follow me on Instagram @garybettsremax



Jorgina Lee
Sales Representative
Director's Circle
Member of Chairman's Club
mail@jorginalee.com
jorginalee.com
416-562-1577
@jorgina.lee
Top 5.4% of Homes Sold in TRREB
JORGINA LEE REAL ESTATE

Sandy Sun Broker
Cell: 416-823-6913
Bus:905-828-1122
Fax:905-828-7925
www.sandysun.ca
sandysun@royallepage.ca



ROYAL LEPAGE
Royal LePage Real Estate Services Ltd., Brokerage
5055 Plantation PL,
Mississauga, ON L5M 6J3



BARBARA BONIFACIO
Personal Trainer
Functional Aging Specialist
Fitness and Wellness Coach
Pre-Post Natal
Running Coach
Fitness Instructor
Contact: 416 627 6948
exhalefit@rogers.com

Lambert Chiropractic Health Centre
Dr. Bruce R. Lambert
Family Chiropractor
150 Lakeshore Rd. West, Suite 104
Mississauga, ON. L5H 3R2
Tel: 905 271 5557 Fax: 905 271 8950
www.healthy-spine.com

UNIVERSITY OF TORONTO MISSISSAUGA
Hire a grad or intern from the top public university in North America for graduate employability
(Times Higher Education Graduate Employability Ranking, 2025)
hireuoftcoop.utoronto.ca

Flavio's Hair Design
For Women and Men
Instagram
Sherwood Forest Village
1900 Dundas St. W.
Mississauga, ON L5K 1P9
(905) 822-2690
Mon - Tues 9am - 5pm
Wed - Fri 9am - 7pm
Saturday 8am - 3:30pm
Bring in this ad and get a FREE
in house hair treatment & 25% off all hair products and hot tools



Join us on Facebook and visit the SFRA website
for news about our neighbourhood.
www.sfra.ca